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NO.1 What is generally the best way to learn how to use a defibrillator?
A. By watching E.R.
B. Buy an AED Trainer
C. Learn as you go when the time comes
D. Take a training class

Answer: D

NO.2 You are performing chest compressions for an adult victim of cardiac arrest. Which of the following is the correct rate of compressions for adult CPR?
A. a rate of 150 times a minute
B. a rate of 100 times a minute
C. a rate of 80 times a minute
D. a rate of 60 times a minute

Answer: B

NO.3 You have powered ON your AED and attached electrode pads and cables. What should you do NEXT?
A. Call "Clear!" (check that no one is touching the victim); then: press ANALYZE
B. Give 2 breaths and 15 chest compressions
C. Press the SHOCK button
D. Recheck for a pulse

Answer: A

Explanation:
The scenario puts the rescuer at the exact point in the sequence where everything is ready for rhythm assessment and shock (if indicated). The answer reminds the learner that you must always remember to "clear" before both analysis and shocks.

Answers b, c, and d are incorrect because they are each out of the correct sequence.

NO.4 Which statement is incorrect?
A. Suctioning attempts should last 10 seconds or less.
B. Suctioning should be followed by the administration of 100% oxygen.
C. Yankauer catheters are used to suction the nose.
D. Monitor the patient's heart rate and clinical appearance during suctioning

Answer: C

Explanation:
Yankauer catheters are used to suction the nose.

NO.5 When performing adult CPR, the depth of compression should be:
A. at least 2 inches deep
B. 2 1/2 inches deep
C. 3 inches deep
D. None of the above

Answer: A
NO.6 Which of the following statements best describes the effects of chest compressions and ventilations during adult CPR?
A. they decrease the need for coronary artery bypass
B. they shock the heart in VF (ventricular fibrillation) back to normal heart rhythm
C. they constrict the pupils to help preserve vision
D. they provide a flow of oxygen to the heart and brain
Answer: D

NO.7 A 7-year-old child is pulled from below the water of a neighbor’s pool. The neighbor’s children say the child did not fall or jump into the water - she was swimming and suddenly slipped under the water. You kneel beside the child and find that she is unresponsive. You send someone to phone 911 while you remain with the child. What should you do next?
A. turn the child’s head down and perform the Heimlich maneuver to drain water from the lungs
B. give five back blows, then do a finger sweep of the mouth
C. find the proper hand position and begin chest compressions
D. open the airway with the head-tilt-chin-lift maneuver, look-listen-feel for breathing, and if the child is not breathing normally, give two rescue breaths
Answer: D

NO.8 CORRECT TEXT
What does AED stand for?
Answer: Automated External Defibrillator

NO.9 When you deliver the first rescue breath, what should you do if the victim’s chest does not rise?
A. Deliver a sharp blow to the center of the chest
B. Give another breath
C. Perform the head tilt-chin lift
D. Stop performing CPR
Answer: C

NO.10 What is the recovery position?
A. Placing the victim on his or her side
B. When the victim stands up
C. Raising the feet up above the heart
D. Placing the victims in a sitting position
Answer: A

NO.11 If you find an unresponsive victim with no evidence of injury. how should you open the airway
A. tilt the head and lift the chin
B. turn the head to one side, then open the mouth
C. perform abdominal thrusts (the Heimlich maneuver)
D. wipe out the mouth with a gauze pad
Answer: A
NO.12 At what age do children become adults in CPR terms?
A. 8
B. 12
C. 16
D. 18

Answer: B

NO.13 Which of the following victims should NOT be treated with an AED?
A. victim less than 8 years of age
B. victim with a history of severe diabetes and a prosthetic (artificial leg)
C. victim who is recovering from recent heart surgery (scar on chest)
D. victim who is recovering from a recent stroke

Answer: A

Explanation:
At this time, AEDs are not approved for use for cardiac arrest victims under the age of 8.
Victims with a pacemaker, heart surgery, or recent stroke can safely be treated and shocked by an AED.

NO.14 When attempting defibrillation, how many shocks with an AED should be delivered before resuming CPR?
A. 1
B. 2
C. 3
D. 4

Answer: A

NO.15 If the victim is breathing normally, but not responding you should:
A. Proceed with administering CPR
B. Give mouth to mouth
C. Turn the victim to the side and wait for emergency personnel
D. None of the above

Answer: C

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